



Annual Report

2023-2024



MISSION

The First 5 Tuolumne County Commission promotes and supports the development of integrated resources that will:

- strengthen families and support safe home environments
- strengthen early care and education environments
- improve children's health
- improve systems of care

VISION

Tuolumne County is child friendly, values families and respects and honors the diversity of its residents. Citizens of Tuolumne County recognize that home and child care settings are critical contexts for children's development in the early years.

All Tuolumne County children will thrive in supportive, nurturing and loving family and community environments, enter school healthy and ready to learn and become productive members of the community.

VALUES

Collaboration: We work cooperatively with established systems, service, and the community on common goals to maximize effectiveness for children and families.

Innovation: We apply what has been proven to work elsewhere to find fresh solutions to the specific needs of our community.

Excellence: We seek to attain the highest quality outcomes, measured against established best practices and the most credible current research.

Accountability: We are responsible and results-driven with the resources and the public entrusts to us.

Respect: We embrace input and assistance from all facets of the community, so we can span all cultures and language to support every child and family.





Our Vision

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DESIRED OUTCOMES



1

Primary Caregivers will have the supports and resources they need to break the cycle of generational poverty, substance abuse, trauma and dysfunction.

Progress was measured by primary caregivers in:

1. Caregivers work toward financial stability (education/job training)
2. Expansion of supportive social connections
3. Linkages to community supports and resources
4. Engagement in support services following a child abuse report.

Funded programs: ICES Raising Healthy Families/Help Me Grow

2

Primary Caregivers will have the supports and resources they need to be their child's first and best teacher.

Progress was measured by primary caregivers in:

1. Education and skill building on early brain development & early literacy
2. Engagement in ASQ screening.
3. Education and skill building on positive parenting techniques

Funded programs: ICES Raising Healthy Families/Help Me Grow, TCSOS Supporting Early Education and Development, Imagination Library

3

Children will have the supports and resources they need to develop in a healthy fashion and to enter kindergarten ready to learn.

Progress was measured by young children as follows:

1. Enrollment in a high-quality early learning program.
2. Oral health education, screening and fluoride treatments and access to treatment.
3. Developmental Screenings
4. Referrals addressing significant social emotional developmental concerns

Funded programs: ICES Raising Healthy Families/Help Me Grow, TCSOS Supporting Early Education and Development, and TCSOS Smile Keepers

4

Early Childhood Educators will have the supports and resources they need to optimally engage children in quality early childhood learning, including children with difficult and challenging behaviors.

Progress was measured by:

1. Completion of eligible professional development activities under Quality Counts.
2. Coaching for teachers, including a focus on promoting early social-emotional competencies.
3. Training in recognition of social-emotional delays and support with discussing concerns with parents.
4. Engagement of the local QRIS Consortium and enrollment of sites.

Funded programs: TCSOS Supporting Early Education and Development, Infant Child Enrichment Services Quality Counts

Measuring Progress

33,479

Books mailed since 2018 through the Imagination Library

29%

Of all Tuolumne County children under age 5 receive a book each month from the Imagination Library

Measuring progress is essential to understand the advancements made towards achieving our Goals. It provides valuable insights into the effectiveness of our efforts, identifies areas that require further attention, and informs decision-making for future actions. This section of the Report outlines the critical measurement approaches and indicators used to assess progress.

Parental Resilience

40% of parents participating in ICES Raising Healthy Families home visiting met or made substantial progress on at least one of their annual goals.

96 parents attended online parenting classes.
31% were self-referred.
21% referred by CWS
16% referred by the courts

Knowledge of Parenting & Child Development

The highest attended parenting class was “Trauma and Resilience”. The second highest attended class was “Effective Discipline”.

60 children were administered the Ages and Stages Questionnaire and 9 were identified as needing additional screenings and support.

Help Me Grow Tuolumne became a formal affiliate of Help Me Grow National.

Social Connections

63% of parents served with ICES home visiting participated in social networking.
45% expanded their social connections.

Social & Emotional Competence in Children

The SEED program coordinator served 54 teachers with over 300 hours of coaching on promoting the Teaching Pyramid model with an aim to support and create high-quality learning engagements, environments, and relationships with children, staff, and families.

11 children were identified by preschools and childcare providers as needing additional supports from the SEED program.

Family Literacy

1,078 Children subscribed to the Imagination Library



Family Functioning

113 parents reached out for parenting support from the Raising Healthy Families

Concrete Supports in Time of Need

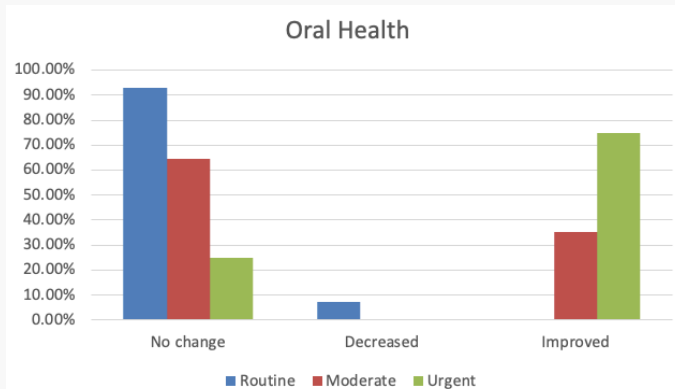
Concrete support in times of need is a protective factor that helps families build healthy lives. It involves having access to resources and knowledge to meet basic needs, and having people to trust for help. Concrete support can help families manage stress caused by challenges like: Economic hardship, Mental health challenges, Unexpected injury or illness, and Work and school schedules. This strengths-based approach helps parents feel valued because they are acknowledged as knowledgeable and competent.

Help Me Grow Tuolumne met with over 330 members of our community to share this resource. Along with developmental screenings, Help Me Grow Tuolumne has been working to create a close-loop referral system. This system has been adopted by our County and is now a vital part of our Comprehensive Prevention Plan to connect families to vital services with a goal to reduce the incidence of childhood abuse and neglect.



Health Services

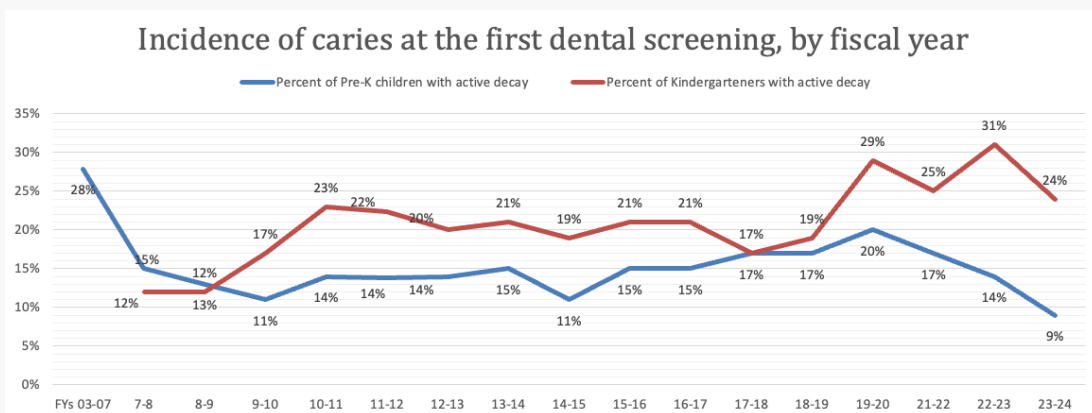
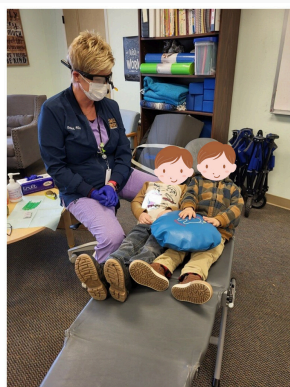
First 5 support increased access to dental health preventative treatment and strengthened community capacity for an effective comprehensive prevention approach.



20+ years, suggests that the comprehensive prevention approach has sustained a reduction in the incidence of active caries (cavities) in the pre-K population.

Out of the 273 children 0-5 who had two visits, nearly all sustained good oral health or improved their oral health status.

In addition to the 798 children who had a screening, 403 parents received information on oral health at Kindergarten registration and 371 parents were given a kit for infant oral health when discharged from the Adventist Health Birth Center.



1,599

Hours of professional development reported by ECE staff

100%

State Funded preschools in Tuolumne County engaged in Quality Improvement

Quality Counts

Raising the Quality of Early Learning and Care

Quality Counts Tuolumne is part of a statewide effort to strengthen California's early learning and care system to support young children and their families.

- Prioritizing communities where we can make the greatest impact
- Providing access to tools and resources for quality partners, including Quality Improvement System administrators, coaches, trainers, and higher education faculty
- Linking early educators to resources and support to advance their commitment to quality early learning and care
- Informing parents and families about the importance of quality early learning and helping them identify quality early learning and care environments
- Offering information and research to help policymakers communicate the value and importance of quality early learning and care

QCC is funded by a collaboration between First 5 Tuolumne, First 5 California (F5CA), the California Department of Education (CDE), and the California Department of Social Services (CDSS).

Continuous System Improvement

Strengthen Data Collection and Monitoring

Enhance data collection methods and systems to ensure accurate and timely monitoring of progress toward Commission goals.

The Home Visiting Collaboration Grant from First 5 California allowed us to offer a subscription to HUBBE for Raising Healthy Families for record keeping and tracking progress.

Increase Community Awareness

Work with partners to increase community knowledge of available programs and resources.

Tuolumne County's Comprehensive Prevention Plan has adopted Unite Us as their data system for closed-loop referrals. This is due to the work that Help Me Grow has done to introduce the system across the county and community agencies.

Foster Multi-stakeholder Collaboration

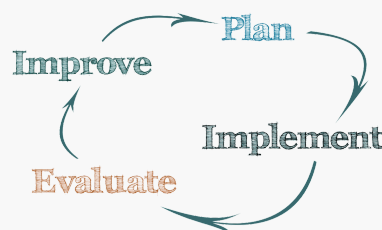
Encourage collaboration among government, non-profit organizations, businesses, academia, and other stakeholders to address community needs.

Our Home Visitor Retreat brought together over 20 home visitors from across the county to network and learn from each other. There were 25 home visitors from two counties. Funding for this retreat came from First 5 California, First 5 Amador, and a grant from the Tuolumne Resiliency Coalition.

Long-Term Financial Stability

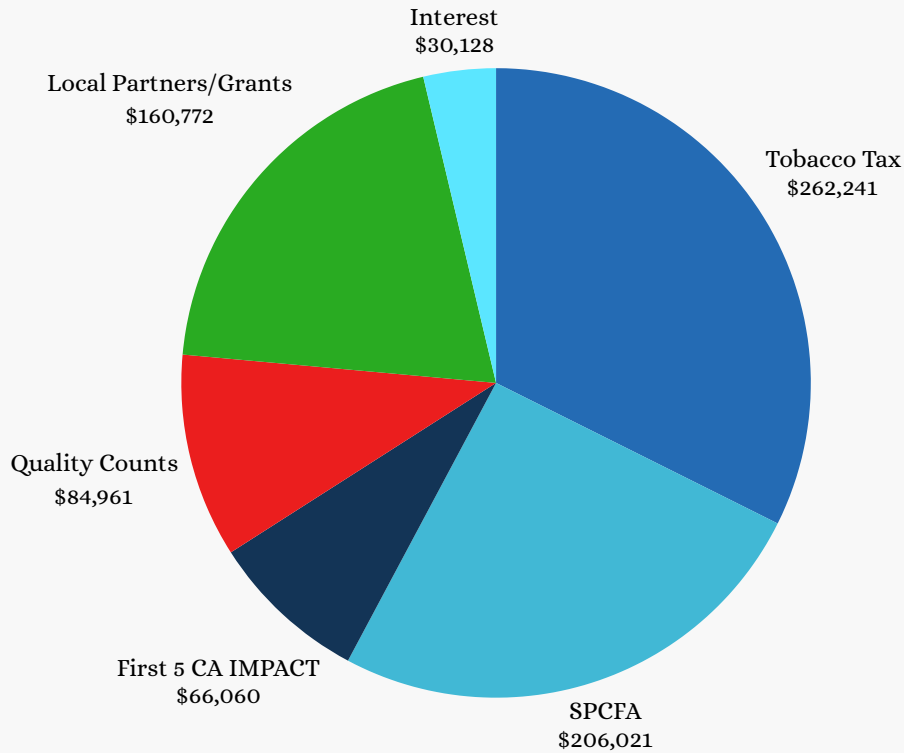
Increase resource mobilization through effective grant writing, advocacy, and continued strategic spending.

First 5 Tuolumne continues to work with the First 5 Association and our other First 5 County partners to secure short and long term funding. Our local fund balance has remained stable even through uncertain financial times.

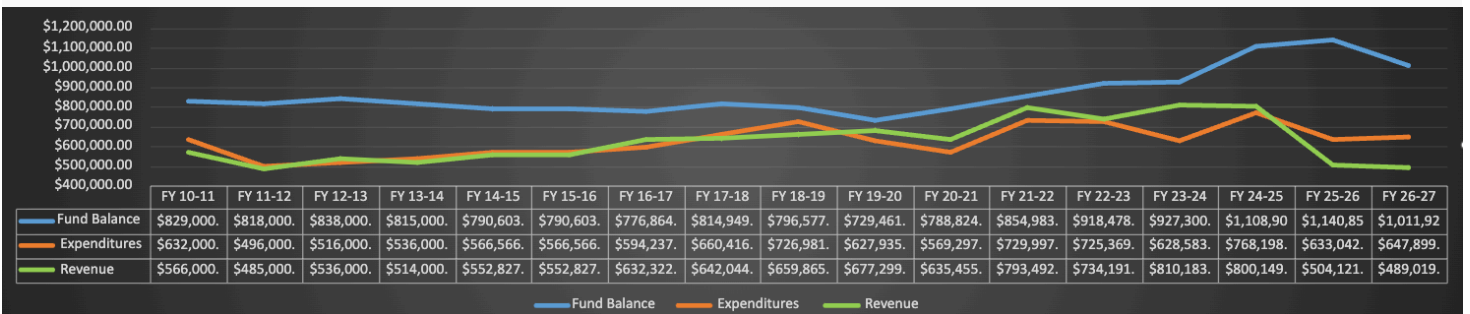


FINANCIALS 2023-2024

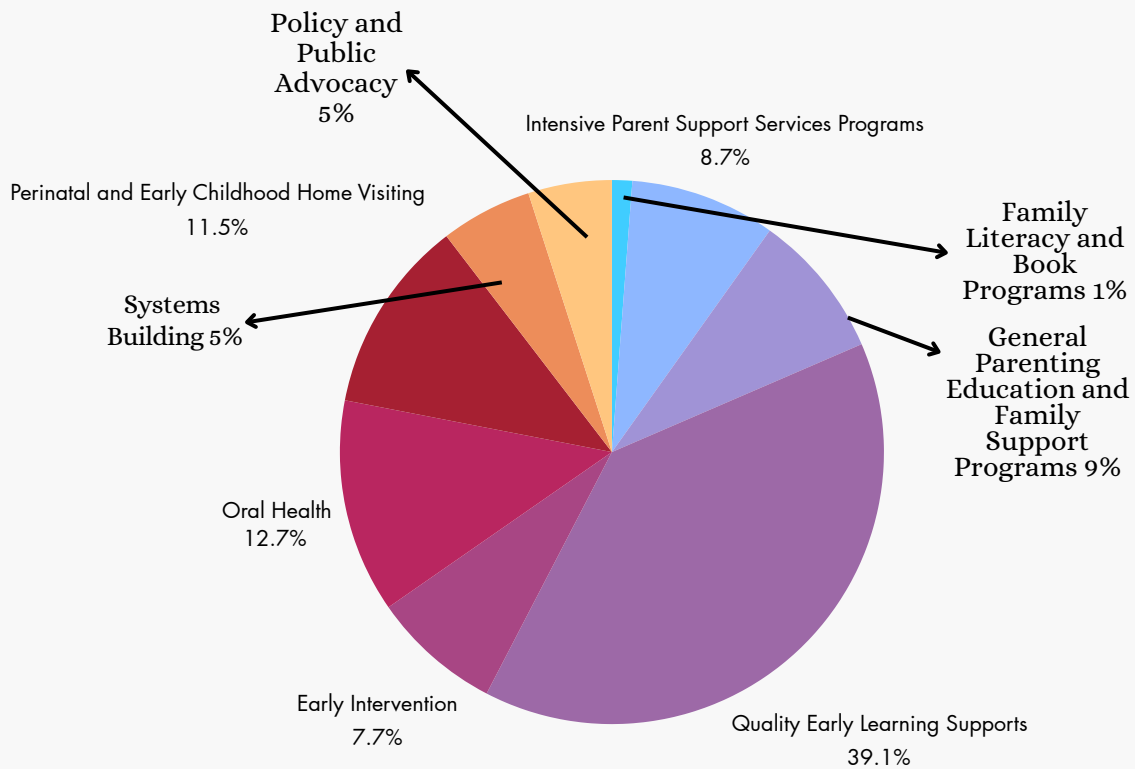
REVENUE



FINANCIAL CHANGE OVER TIME AND FORECAST



INVESTMENTS



WHO WE SERVED

